

Overview and update of Interior Health services

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Interior Health
Every person matters

Agenda

- Introduction
- IH Key Strategies
- Overview: Mental Health and Substance Use services
- Overview: Partnerships with Kelowna
- Discussion and questions

What influences our health?

FIG 1.3 Canada's Social Determinants of Health

10%

YOUR ENVIRONMENT

AIR QUALITY
CIVIC INFRASTRUCTURE

15%

YOUR BIOLOGY

BIOLOGY
GENETICS

25%

YOUR HEALTH CARE

ACCESS TO HEALTH CARE
HEALTH CARE SYSTEM
WAIT TIMES

50%

YOUR LIFE

INCOME
DISABILITY
EDUCATION
SOCIAL EXCLUSION
SOCIAL SAFETY NET
GENDER
RACE

ABORIGINAL STATUS
EARLY CHILDHOOD DEVELOPMENT
EMPLOYMENT/WORKING CONDITIONS
SAFE AND NUTRITIOUS FOOD
HOUSING/HOMELESSNESS
COMMUNITY BELONGING



Source: Adapted from: Canadian Medical Association. Health equity and the social determinants of health. 2012.¹⁹ Original data source: Standing Senate Committee on Social Affairs, Science and Technology. The health of Canadians – the federal role. Volume 1 – the story so far; 2001.¹⁸

What challenges are we facing?



1 in 3 people have a chronic disease



1 in 5 children live in poverty



We rely too much on cars instead of our feet



Housing is unaffordable for many



We are getting older



Many of us suffer or are impacted by mental health



Many do not have access to healthy foods



Health inequities exist in our communities



High demand, cost, and pressures on our emergency services and health care system



IH key strategies



How do we deliver services?



Community and home care services

Example: Community Health and Services Centre



Hospital services (inpatient & outpatient)

Example: Kelowna General Hospital



Long-term care services (long-term care, adult day programs)

Example: Cottonwoods Care Centre

Our region and population



Mental Health & Substance Use

Services in Kelowna

- Acute Care Services (KGH)
- Adult Community Mental Health Service
- Substance Use Services and Addiction Medicine
- Crisis Response team and Police and Crisis team (PACT)
- Cedar Sage Health and Wellness Clinic
- Youth Intensive Case Management and Early Psychosis Intervention (Foundry location)
- Tertiary Adolescent Psychiatry Unit
- Developmental Disabilities Mental Health (DDMH) – Regional
- Interior Health Children's Assessment Network (IHCAN) – Regional

Substance use continuum



INTERIOR HEALTH SUBSTANCE USE SERVICE CONTINUUM



Developed: 29/05/19
Revised: N/A

Interior Health provides a wide range of substance use services, from prevention to intensive treatment for all ages.
Improving the health and well-being of people with substance use problems. Services support people across the lifespan.

Developed By: Sheri Keetch, Project Support Coordinator
Endorsed By: Corinne Dolman, MHSU Director



Our partnership



Healthy Communities

- Dedicated IH staff to work with communities on policy development, planning processes, facilitation, and more.
- Provide health information, data, consultation, content expertise and access to provincial and federal resources.



IH contracts

- Youth & Family Services
 - Eg. School District 23, UBC Okanagan, YMCA
- Home Based Support & Housing Services
 - Eg. The Bridge Youth & Family Services, We Care Home Health Services, John Howard Society
- Senior Services
 - Eg. Seniors Outreach Services Society, Westside Health Network Society, Canadian Mental Health Association
- Community Services
 - Eg. Living Positive Resource Centre, Kelowna Community Resource Centre

IH-Kelowna partnerships

- Community Action Team
 - PEOPLE Peer Employment
- HUB/Situation Table
 - Kelowna Outreach and Support Table (KOaST)
- Journey Home Process
- Collaborative Communications Working Group
- City Policy & Planning Department
 - Healthy City Strategy, 2040 OCP, Master Transportation Plan, referrals, etc.
- Central Okanagan Poverty Reduction – Community Wellness Analysis
- UBCO research initiatives
- Community Wellness Systems Leaders
- Social Policy Framework

Discussion

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