#### Overview and update of Interior Health services

Dr. Silvina Mema, Medical Health Officer Deborah Preston, Community Health Service Administrator Danielle Cameron, MHSU Health Service Administrator

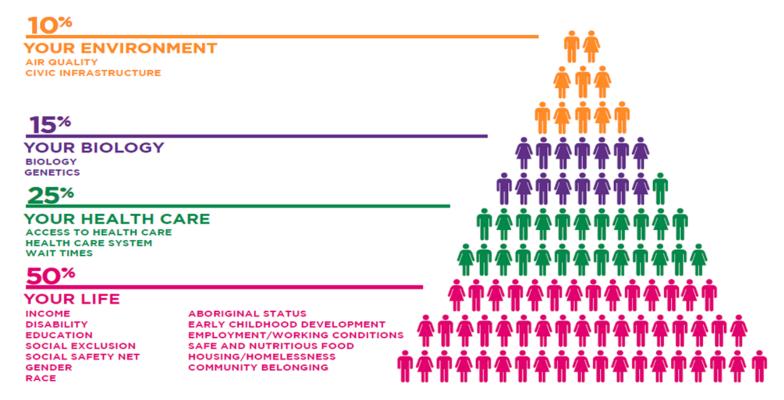




- Introduction
- IH Key Strategies
- Overview: Mental Health and Substance Use services
- Overview: Partnerships with Kelowna
- Discussion and questions

#### What influences our health?

#### FIG 1.3 Canada's Social Determinants of Health



Source: Adapted from: Canadian Medical Association. Health equity and the social determinants of health. 2012.<sup>19</sup> Original data source: Standing Senate Committee on Social Affairs, Science and Technology. The health of Canadians – the federal role. Volume 1 – the story so far; 2001.<sup>18</sup>

# What challenges are we facing?



1 in 3 people have a chronic disease



1 in 5 children live in poverty



We rely too much on cars instead of our feet



Housing is unaffordable for many



We are getting older



Many of us suffer or are impacted by mental health



Many do not have access to healthy foods



Health inequities exist in our communities



High demand, cost, and pressures on our emergency services and health care system



# IH key strategies

Improved, patient-centred access to team-based primary care for everyday health issues or concerns.	Increased early Increased early intervention and timely access to the right supports and services.	Coordinated access to team- based, specialized community services and programs for those with complex medical conditions and/or frailty.
Primary & Community Care	Mental Health & Substance Use	Seniors Care
	<b>P</b>	
Improved access to surgical care with a focus on patient experience and outcomes.	Partnerships and shared decisions to support improved health and wellness.	A healthier, safer IH with a strong safety culture embedded into everyday practice.
Surgical Services	Aboriginal Health	Health & Safety in the Workplace

#### How do we deliver services?



### Community and home care services

Example: Community Health and Services Centre



Hospital services (inpatient & outpatient)

Example: Kelowna General Hospital



Long-term care services (long-term care, adult day programs)

Example: Cottonwoods Care Centre

#### Our region and population

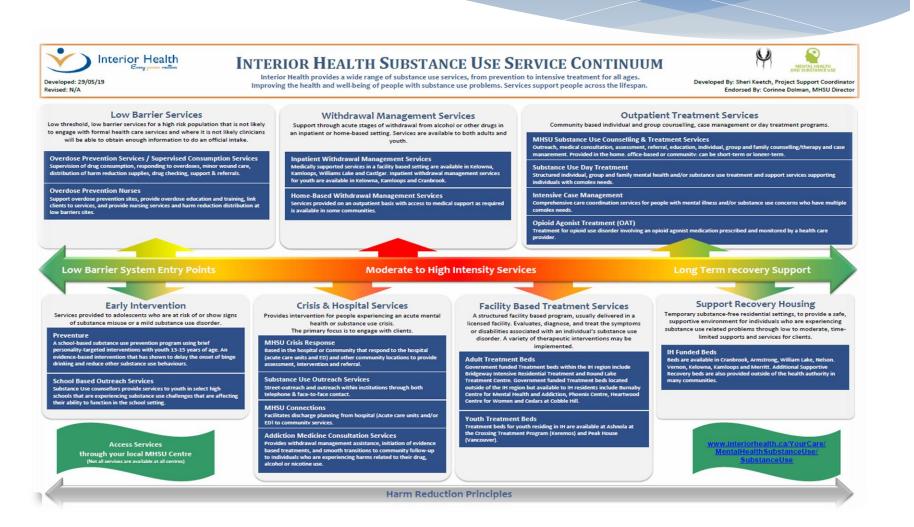


#### Mental Health & Substance Use

#### Services in Kelowna

- Acute Care Services (KGH)
- Adult Community Mental Health Service
- Substance Use Services and Addiction Medicine
- Crisis Response team and Police and Crisis team (PACT)
- Cedar Sage Health and Wellness Clinic
- Youth Intensive Case Management and Early Psychosis Intervention (Foundry location)
- Tertiary Adolescent Psychiatry Unit
- Developmental Disabilities Mental Health (DDMH) Regional
- Interior Health Children's Assessment Network (IHCAN) Regional

#### Substance use continuum



### Our partnership



# Healthy Communities

- Dedicated IH staff to work with communities on policy development, planning processes, facilitation, and more.
- Provide health information, data, consultation, content expertise and access to provincial and federal resources.



#### IH contracts

- Youth & Family Services
  - Eg. School District 23, UBC Okanagan, YMCA
- Home Based Support & Housing Services
  - Eg. The Bridge Youth & Family Services, We Care Home Health Services, John Howard Society
- Senior Services
  - Eg. Seniors Outreach Services Society, Westside Health Network Society, Canadian Mental Health Association
- Community Services
  - Eg. Living Positive Resource Centre, Kelowna Community Resource Centre

#### IH-Kelowna partnerships

- Community Action Team
  - PEOPLE Peer Employment
- HUB/Situation Table
  - Kelowna Outreach and Support Table (KOaST)
- Journey Home Process
- Collaborative Communications Working Group
- City Policy & Planning Department
  - Healthy City Strategy, 2040 OCP, Master Transportation Plan, referrals, etc.
- Central Okanagan Poverty Reduction Community Wellness Analysis
- UBCO research initiatives
- Community Wellness Systems Leaders
- Social Policy Framework

#### Discussion





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